

International packing checklist – everything you should take to university

Print out this checklist and tick off each item to make sure that you have everything you need to move to university. Items that are **highlighted in red** can be bought when you get to university to help save space when you are packing to travel. Everything here is also a rough guide and can be adapted based on your individual needs.

Travel items	
Book or tablet	<input type="checkbox"/>
Day bag	<input type="checkbox"/>
Hand gel	<input type="checkbox"/>
Headphones	<input type="checkbox"/>
Jet lag or travel medication	<input type="checkbox"/>
Neck wallet or belt bags	<input type="checkbox"/>
Phone and charger	<input type="checkbox"/>
Vacuum bags or packing bags to save space	<input type="checkbox"/>
Suitcase	<input type="checkbox"/>
Toiletry bag	<input type="checkbox"/>
Travel tickets and travel insurance	<input type="checkbox"/>
Travel pillow	<input type="checkbox"/>
Water	<input type="checkbox"/>
Important items and documents	
Passport (and some spare passport photos) (put this at the top)	<input type="checkbox"/>
Accommodation contract/documents	<input type="checkbox"/>
Bank account card, details, or cash if you have not opened your account yet	<input type="checkbox"/>
Debit/credit card	<input type="checkbox"/>
Dictionary	<input type="checkbox"/>
Driving licence or another form of ID	<input type="checkbox"/>
Insurance documents	<input type="checkbox"/>
Language test documents	<input type="checkbox"/>
Medical history documents, prescription copies, NHS number or health ID, EU Health card	<input type="checkbox"/>
Phone plan information and SIM card	<input type="checkbox"/>

Proof of funds	<input type="checkbox"/>
Student discount cards	<input type="checkbox"/>
Student finance and loan documents and scholarship information	<input type="checkbox"/>
University acceptance letter	<input type="checkbox"/>
Visa documents	<input type="checkbox"/>
First aid kit	
Antihistamines	<input type="checkbox"/>
Cold and flu tablets/sachets	<input type="checkbox"/>
Contraception	<input type="checkbox"/>
Hand gel	<input type="checkbox"/>
Paracetamol/Ibuprofen/Aspirin	<input type="checkbox"/>
Plasters	<input type="checkbox"/>
Regular medication (if needed)	<input type="checkbox"/>
Sun cream	<input type="checkbox"/>
Electronics	
Adaptors	<input type="checkbox"/>
Batteries	<input type="checkbox"/>
Desk fan	<input type="checkbox"/>
Device chargers	<input type="checkbox"/>
Extension cords	<input type="checkbox"/>
Hairdryer/straighteners	<input type="checkbox"/>
Headphones	<input type="checkbox"/>
Laptop/tablet (and case or bag)	<input type="checkbox"/>
Mobile phone	<input type="checkbox"/>
Mouse	<input type="checkbox"/>
USB sticks or external hard drive	<input type="checkbox"/>
Kitchen	
Aluminium foil and cling film	<input type="checkbox"/>
Baking tray	<input type="checkbox"/>

Baking tray x2	<input type="checkbox"/>
Bin bags	<input type="checkbox"/>
Bowls x2	<input type="checkbox"/>
Can opener	<input type="checkbox"/>
Casserole dish	<input type="checkbox"/>
Cheese grater	<input type="checkbox"/>
Chopping board	<input type="checkbox"/>
Colander	<input type="checkbox"/>
Corkscrew/bottle opener	<input type="checkbox"/>
Cutlery	<input type="checkbox"/>
Frying pan or wok	<input type="checkbox"/>
Glasses x2	<input type="checkbox"/>
Measuring jug	<input type="checkbox"/>
Mugs x2	<input type="checkbox"/>
Oven gloves	<input type="checkbox"/>
Peeler	<input type="checkbox"/>
Plates x2	<input type="checkbox"/>
Recipe book	<input type="checkbox"/>
Sandwich bags	<input type="checkbox"/>
Saucepans x2 (one big, one small)	<input type="checkbox"/>
Scissors	<input type="checkbox"/>
Sharp knife	<input type="checkbox"/>
Spatula	<input type="checkbox"/>
Sponges	<input type="checkbox"/>
Storage boxes	<input type="checkbox"/>
Surface cleaner	<input type="checkbox"/>
Tea towels	<input type="checkbox"/>
Tongs	<input type="checkbox"/>
Tupperware	<input type="checkbox"/>

Washing up liquid	<input type="checkbox"/>
Whisk	<input type="checkbox"/>
Wooden spoon	<input type="checkbox"/>
Bedroom	
Bedding (2 sets)	<input type="checkbox"/>
Calendar	<input type="checkbox"/>
Alarm Clock	<input type="checkbox"/>
Clothes horse/drying rack	<input type="checkbox"/>
Coat hangers	<input type="checkbox"/>
Doorstop	<input type="checkbox"/>
Familiar scents or candles so your room smells like home	<input type="checkbox"/>
Hot water bottle	<input type="checkbox"/>
Laundry basket	<input type="checkbox"/>
Photos and trinkets to personalise your room	<input type="checkbox"/>
Plants/cacti	<input type="checkbox"/>
Small mirror (you may have one in your room already)	<input type="checkbox"/>
Storage boxes	<input type="checkbox"/>
Vacuum storage bags (space savers)	<input type="checkbox"/>
Washing powder	<input type="checkbox"/>
Clothes	
Boots	<input type="checkbox"/>
Dresses/skirts	<input type="checkbox"/>
Dressing gown and slippers	<input type="checkbox"/>
Fancy dress items (for university events)	<input type="checkbox"/>
Formal clothes (for job interview or black-tie events)	<input type="checkbox"/>
Going out clothes	<input type="checkbox"/>
Going out shoes	<input type="checkbox"/>
Jewellery/watch	<input type="checkbox"/>
Jumpers/cardigans	<input type="checkbox"/>

Pyjamas	<input type="checkbox"/>
Scarf, gloves, and hat	<input type="checkbox"/>
Shirts/ties	<input type="checkbox"/>
Shorts	<input type="checkbox"/>
Slippers (for communal spaces)	<input type="checkbox"/>
Socks/tights	<input type="checkbox"/>
Trainers	<input type="checkbox"/>
Trousers/jeans	<input type="checkbox"/>
T-shirts/tops	<input type="checkbox"/>
Umbrella	<input type="checkbox"/>
Underwear	<input type="checkbox"/>
Waterproof jacket	<input type="checkbox"/>
Wellies	<input type="checkbox"/>
Winter coat and summer jacket	<input type="checkbox"/>
Workout clothes	<input type="checkbox"/>
Bathroom	
Bathmat	<input type="checkbox"/>
Bathroom cleaner	<input type="checkbox"/>
Contacts/lens solution	<input type="checkbox"/>
Dressing gown	<input type="checkbox"/>
Toiletries and skin care	<input type="checkbox"/>
Flip-flops (for communal showers)	<input type="checkbox"/>
Glasses	<input type="checkbox"/>
Hair bands/hair grips	<input type="checkbox"/>
Hairbrush or comb	<input type="checkbox"/>
Hand soap	<input type="checkbox"/>
Makeup and makeup remover	<input type="checkbox"/>
Nail kit and tweezers	<input type="checkbox"/>
Razors and shaving cream	<input type="checkbox"/>

Sanitary products	<input type="checkbox"/>
Shampoo and conditioner	<input type="checkbox"/>
Shower gel	<input type="checkbox"/>
Sponge	<input type="checkbox"/>
Toilet roll	<input type="checkbox"/>
Toothbrush	<input type="checkbox"/>
Toothpaste	<input type="checkbox"/>
Towels	<input type="checkbox"/>
Studying	
Books and textbooks	<input type="checkbox"/>
Calculator	<input type="checkbox"/>
Diary/Planner	<input type="checkbox"/>
Folders/ring binders	<input type="checkbox"/>
Highlighters and coloured pens	<input type="checkbox"/>
Hole punch	<input type="checkbox"/>
Notebooks/writing pads	<input type="checkbox"/>
Pens, pencils, and case	<input type="checkbox"/>
Post it notes	<input type="checkbox"/>
Ruler	<input type="checkbox"/>
Scissors	<input type="checkbox"/>
Stapler and staples	<input type="checkbox"/>
White tack	<input type="checkbox"/>
Food	
Basic herbs and spices (salt, pepper, chilli flakes, mixed herbs, paprika and curry powder)	<input type="checkbox"/>
Bread	<input type="checkbox"/>
Breakfast bars	<input type="checkbox"/>
Butter	<input type="checkbox"/>
Cans (tuna, beans, chopped tomatoes, soup etc)	<input type="checkbox"/>
Cereal	<input type="checkbox"/>

Cheese	<input type="checkbox"/>
Cooking oil	<input type="checkbox"/>
Couscous	<input type="checkbox"/>
Flour	<input type="checkbox"/>
Frozen/fresh vegetables	<input type="checkbox"/>
Fruit	<input type="checkbox"/>
Milk or alternative	<input type="checkbox"/>
Noodles	<input type="checkbox"/>
Onions and garlic	<input type="checkbox"/>
Pasta	<input type="checkbox"/>
Potatoes	<input type="checkbox"/>
Rice	<input type="checkbox"/>
Soy sauce	<input type="checkbox"/>
Stock cubes	<input type="checkbox"/>
Sugar	<input type="checkbox"/>
Tabasco	<input type="checkbox"/>
Tea and coffee	<input type="checkbox"/>
Other	
Backpack	<input type="checkbox"/>
Budgeting app	<input type="checkbox"/>
Games/pack of cards	<input type="checkbox"/>
Gym bag	<input type="checkbox"/>
Handbag(s)	<input type="checkbox"/>
Keyring	<input type="checkbox"/>
Padlock	<input type="checkbox"/>
Religious text or items	<input type="checkbox"/>
Reusable water bottle	<input type="checkbox"/>